



W.C. LITTLE ELEMENTARY SCHOOL
FEEL THE PRIDE
NEWSLETTER #8
May 2, 2017

Principal: Mr. Scott Young
Telephone: 705-725-7970

<http://wcl.scdsb.on.ca>

Vice Principal
Mrs. J. Duffett
Safe Arrival: 705-725-7970 ext. 1

Principal's Message

Now that our nicer weather has finally arrived many of our students are riding their bikes or skateboards to school. We ask students to keep skateboards at home. We also ask that bikes be locked safely on to the bike racks. Please remember not to ride your bikes on school property. We ask that students walk their bikes on the sidewalk / roadway and then ride them safely and properly home. And of utmost importance, please remember to always wear a bicycle helmet!

I would also like to remind parents/students to drop by our lost and found box located in the front hall of the school. There are a lot of items that have not been claimed yet. The remainder will be donated to a local charity at the end of the month.

Sincerely,

S. Young
Principal



School Council Corner

FOLLOW W.C. Little Elementary Parent Council on Facebook or @WCL_Council on Twitter for updates, news and important reminders!

Thank you to Dominos Pizza and everyone who supported our **RAISE THE DOUGH NIGHT** in April! Funds from Dough Raising will support us in building our walking trail and improving our play yard area. An additional THANKS to everyone who supported our **MacMILLAN'S FUNDRAISER** in April. Funds raised from this event will be used to support our coaching staff in attending extracurricular activities.

MARK YOUR CALENDARS and plan to attend our annual **FUN FAIR** on Thursday, June 8th from 4:30 pm to 7:00 pm! This is a community event, and you are welcome to invite your friends and family. Activities to include: carnival games for all ages, community representation, yummy food, and a silent auction. For all of this to happen, we need you! **Volunteers are needed** to make the fun fair a success. Without volunteers, we will not be able to have this event for our kids and community. **Do you have something you can donate for our silent auction, or know someone who can?** We are looking for donations, with the proceeds going back to our school. Please share your interest at wclittleesfunfair@gmail.com.

Does your family eat at **BOSTON PIZZA**? Write our school name on the back of your receipt and deposit it in the box provided at Boston Pizza, and we will

receive a portion of the receipt sales back for our school.

Food Order Reminders: If you submit your orders through School Cash Online, please note that we DO NOT need you to send in paper forms. If you are not using School Cash Online, PLEASE SEND EXACT CHANGE, as we cannot provide change.

Have you ever been curious about what Council does? Our NEXT MEETING will be held on Monday, May 1st at 6:30pm in the school library. Please feel welcome to attend.

~ E. Sararas - On behalf of School Council

Scholastic Book Fair

Once again we are holding a Scholastic Book Fair during Education Week! The following are the dates and times when you can visit this amazing fair:

- **Wed. May 10 - 8:30 - 5:00**
- **Thurs. May 11 - 8:30 - 7:00**
- **Fri. May 12 - 8:30 - 12:00**

Thank you for your continued support!

~ V. Odette, Teacher-Librarian



Bring the World to Your Front Door!

Would you like to become a host family for an international student? Learn more about another culture?

Share yours? Make a new friend? Short-term, a semester or 10 months...it's up to you and your family. Hosts get 24/7 support and a generous allowance to offset expenses. For more information, visit whyihost.ca/simcoe, call 705-481-7571 ext. 2072 or email simcoeinfo@canadahomestaynetwork.ca.

Are you Looking for Work?

The Simcoe County District School Board's Career Centre is ready to help at no cost to you.

The Career Centre has experienced, professional employment consultants available to help job searchers prepare for and find work. Visit the Career Centre for resources, including the use of computers, internet, printer, fax, information sessions, job board and online postings. No appointment necessary and the Centre is open Monday 9 a.m. to 6 p.m.; Tuesday to Friday 9 a.m. to 4:30 p.m. For more information on the services available, visit barriecareercentre.com or call 705-725-8990. This Employment Ontario service is funded in part by the Government of Canada and the Government of Ontario.

Shine Green for Mental Health Week, May 1 to 7

The Canadian Mental Health Association invites us to wear green during Mental Health Week. Be sure to share online with the hashtag #GETLOUD. Going green for mental health is a simple way for all of us to recognize that we must make mental health a priority. Visit www.greenformentalhealth.ca for more information.



Let's Walk/Roll/Bike To and From School!

Research tells us that children want to walk and bike to school! Children know that using active transportation to and from school is part of a healthy lifestyle, it's good for the environment and it makes them feel happier. A recent Ontario study indicated that a whopping 42% of children are driven to school, and 93% percent of children and youth are not meeting Canadian Physical Activity Guidelines. Did you know that distances up to 5km are travelled more quickly door-to-door by bicycle than by car? Active school travel is the use of any form of travel that is self-propelled for the trip to and from school. Active & Safe Routes to School mobilizes children with initiatives such as Walking/Cycling School Buses, Walking/Wheeling on Wednesdays or

Walk/Wheel Once a Week, and walking buddies. Using active transportation for the school journey is one of the easiest ways for students to get regular daily physical activity. Learn more at www.saferoutestoschool.ca/. Now that the weather is warming up, including active transport to and from school in your day is easier!

Stay Safe in the Sun!

only takes one bad sunburn childhood to increase the risk of developing skin cancer later in life. As the weather gets warmer, follow these sun safety tips to keep you and your family safe:



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- use a broad spectrum sunscreen with SPF 15 or higher and SPF 15 lip balm
- apply sunscreen 20-30 minutes before going outside (even on cloudy days) and always follow the label instructions
- apply sunscreen to any exposed areas of skin - nose, ears, back of neck, tops of feet, etc.
- reapply sunscreen every 2-3 hours and after sweating or swimming
- wear loose, long sleeved shirts and pants, a large-brimmed hat and sunglasses
- if possible, avoid being in the sun between 11 a.m. and 4 p.m.
- when you're outside, look for shade

For more sun safety tips, visit www.simcoemuskokahealth.org or call Health Connection at 705-721-7520 or 1-877-721-7520 to speak with a public health nurse.
Information provided by the Simcoe Muskoka District Health Unit

Immunization Reminder

By law, all students need to have an up-to-date immunization record on file at the health unit. Since starting Kindergarten, your child may have received new immunizations. A reminder -

you must send your child's updated immunization records to the Simcoe Muskoka District Health Unit for:

- Tetanus, Diphtheria, Polio, and Pertussis
- Measles, Mumps, and Rubella
- Two-doses of a Chickenpox (Varicella) containing vaccine
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If your child will not be getting these vaccines, you will need to give the health unit a valid exemption (medical or affidavit). If the health unit does not have an updated record, students could be temporarily suspended from school. Follow these steps to help us:

1. Check your child's yellow immunization card
2. Contact your health care provider to obtain records, or to get missing vaccinations
3. Share the complete record with us at www.smdhu.org/immonline or fax the record to the health unit at 705-726-3962

Questions? Contact Health Connection at 705-721-7520 or toll-free at 1-877-721-7520.

Information provided by the Simcoe Muskoka District Health Unit

Summer Camp Can Be an Important Part of Your Child's Growth and Development

Too many people, summer camp for kids might appear like nothing more than fun and games. However, a study conducted by the University of Waterloo supports what camp directors have been saying for decades - camp is a setting for positive youth development where invaluable life skills are acquired and nurtured. Youth development experts agree that children need a variety of experiences in their lives to help them grow into healthy adolescents and adults. Here are five critical life skills that are fostered at summer camp:

1. **Getting along with others** - Talk to any camp alumni and you'll likely hear how some of their most meaningful friendships and lessons on how to get along with others came from camp.

2. **Overcoming challenges** - According to the Participation Report Card, over-supervising kids or keeping them indoors to ensure they are safe limits their opportunities for physical activity. Camp provides a safe environment, allowing children to freely learn how to overcome challenges and develop and grow their capabilities.

3. **Getting active** - A recent Statistics Canada study found that only seven per cent of youth aged six to 19 got the recommended hour a day of exercise they need. Summer camp is a great way for kids to stay active all summer and ensure they are surrounded with great role models and supportive friends.

4. **Unplugging** - We know that when children are connected with their environment, they are healthier and happier. Summer camp provides kids with the opportunity to "unplug" and help them build social skills while enjoying all the activities of the great outdoors.

5. **Leadership** - When it comes to developing strong leaders, camp provides both implicit and explicit training including morals, ethics, problem solving, and teamwork and life skills.

What's Happening?

May 9 - Jump Rope for Heart - Gr. K-6
May 12 - Jump Rope for Heart rain date
May 10-12 - Book Fair -Library
May 14 - Mother's Day
May 17 - Gr. 7/8 Immunization
May 19 - P.A. Day
May 22 - Victoria Day
May 30 - Track and Field
May 31 - Track and Field rain date

And Looking Ahead ...

June 9 - P.A. Day
June 23 - Kindergarten Celebration - more details to follow
June 27 - Gr. 8 Graduation
June 29 - Last day of School!

To learn more about the YMCA of Simcoe/Muskoka summer camps, visit www.ymcasummerncamp.ca.

Information provided by the YMCA of Simcoe/Muskoka
(www.ymcaofsimcoemuskoka.ca)

